

# Fall 2022: Storrs

## WORKSHOP SCHEDULE

SEPTEMBER

TUES 9/6 AT 4PM <b>Setting Up Your Semester</b>	WED 9/7 AT 6PM <b>Prioritization</b>	THURS 9/8 AT 4 PM <b>Setting Up Your Semester</b>	MON 9/12 AT 4PM <b>Where do I Go for that?</b>
TUES 9/13 AT 6PM <b>Talking to Professors</b>	WED 9/14 AT 4PM <b>Setting Up Your Semester</b>	MON 9/19 AT 6PM <b>Attention Management</b>	TUES 9/20 AT 5PM <b>Prioritization</b> <i>WebEx</i>
THURS 9/22 AT 6PM <b>Test Taking Strategies</b>	MON 9/26 AT 4PM <b>Talking to Professors</b>	WED 9/28 AT 4PM <b>How Major is Your Major?</b>	THURS 9/29 AT 4PM <b>Where do I Go for That?</b>


OCTOBER

TUES 10/4 AT 6PM <b>Test Taking Strategies</b>	WED 10/5 AT 4PM <b>JUST BREATHE: Stress Management</b>	THURS 10/6 AT 6PM <b>Strategies for Deeper Learning</b>	MON 10/10 AT 4PM <b>Attention Management</b>
WED 10/12 AT 6PM <b>JUST BREATHE: Stress Management</b>	THURS 10/13 AT 5PM <b>Test Taking Strategies</b> <i>WebEx</i>	MON 10/17 AT 6PM <b>Bouncing Back: Academic Resilience</b>	TUES 10/18 AT 4PM <b>Looking Forward Selecting Courses</b>
THURS 10/20 AT 6PM <b>Talking to Professors</b>	MON 10/24 AT 4PM <b>Evaluating Your Semester</b>	TUES 10/25 AT 6PM <b>Bouncing Back: Academic Resilience</b>	THURS 10/26 AT 4PM <b>Prioritization</b>

NOVEMBER

TUES 11/1 AT 4PM <b>Attention Management</b>	WED 11/2 AT 6PM <b>JUST BREATHE: Stress Management</b>	THURS 11/3 AT 4PM <b>Strategies for Deeper Learning</b>	MON 11/7 AT 6PM <b>Talking to Professors</b>
WED 11/9 AT 4PM <b>Test Taking Strategies</b>	THURS 11/10 AT 4PM <b>How Major is Your Major?</b>	MON 11/14 AT 4PM <b>Bouncing Back: Academic Resilience</b>	TUES 11/15 AT 5PM <b>Strategies for Deeper Learning</b> <i>WebEx</i>
THURS 11/17 AT 4PM <b>Attention Management</b>	MON 11/28 AT 6PM <b>Test Taking Strategies</b>	TUES 11/29 AT 4PM <b>Strategies for Deeper Learning</b>	WED 11/30 AT 6PM <b>JUST BREATHE: Stress Management</b>

DECEMBER

MON 12/5 AT 4PM <b>Finals Prep</b>	WED 12/7 AT 5PM <b>Finals Prep</b> <i>WebEx</i>		
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All workshops held in Rowe 217 unless noted

**ACHIEVE.UCONN.EDU**

# Fall 2022: Hartford

## WORKSHOP SCHEDULE

SEPTEMBER

TUES 9/6 AT 3PM <b>Setting Up Your Semester</b>	WED 9/7 AT 3PM <b>Prioritization</b>	THURS 9/8 AT 3 PM <b>Setting Up Your Semester</b>	MON 9/12 AT 3PM <b>Setting Up Your Semester</b>
TUES 9/13 AT 3PM <b>Talking to Professors</b>	WED 9/14 AT 3PM <b>Setting Up Your Semester</b>	MON 9/19 AT 3PM <b>Attention Management</b>	TUES 9/20 AT 5PM <b>Prioritization WebEx</b>
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DECEMBER

MON 12/5 AT 3PM <b>Finals Prep</b>	WED 12/7 AT 3PM <b>Finals Prep WebEx</b>		
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All workshops held in HTB 202 unless noted

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