

FALL 2020 WORKSHOP SCHEDULE

SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

Mon 8/31 at 1pm Setting Up your Semester	Tues 9/1 at 7pm Online Course Support	Thurs 9/3 at 3pm Prioritization	Tues 9/8 at 5pm Setting up Your Semester
Wed 9/9 at 7pm Prioritization	Thurs 9/10 at 3pm Online Course Support	Mon 9/14 at 1pm Focusing to Get things Done	Tues 9/15 at 3pm Talking to Professors
Wed 9/16 at 7pm Email Organization	Thurs 9/17 at 3pm Test Taking Strategies	Mon 9/21 at 1pm Secrets of Homer Babbidge	Mon 9/21 at 5pm Strategies for Deeper Learning
Tues 9/22 at 1pm Prioritization	Wed 9/23 at 7pm Focusing to Get things Done	Mon 9/28 at 1pm Online Course Support	Tues 9/29 at 3pm Strategies for Deeper Learning
Wed 9/30 at 5pm Success in STEM			
Thurs 10/1 at 3pm Evaluating Your Semester	Tues 10/6 at 5pm Success in STEM	Wed 10/7 at 5pm Test Taking Strategies	Thurs 10/8 at 1pm Strategies for Deeper Learning
Mon 10/12 at 5pm Microsoft Excel Basics	Tues 10/13 at 3pm Where do I go for that?	Wed 10/14 at 4pm How Major is your Major?	Wed 10/14 at 7pm Talking to Professors
Mon 10/19 at 1pm Evaluating Your Semester	Tues 10/20 at 7pm Bouncing Back	Thurs 10/22 at 3pm Secrets of Homer Babbidge	Thurs 10/22 at 5pm Looking Ahead, Selecting Courses
Mon 10/26 at 1pm Talking to Professors	Wed 10/28 at 7pm Where do I go for that?	Thurs 10/29 at 3pm Test Taking Strategies	
Mon 11/2 at 1pm Looking Ahead, Selecting Courses	Tues 11/3 at 7pm Strategies for Deeper Learning	Wed 11/4 at 4pm How Major is your Major?	Thurs 11/5 at 3pm Evaluating Your Semester
Mon 11/9 at 3pm Where do I go for that ?	Wed 11/11 at 7pm Testing Taking Strategies	Thurs 11/12 at 5pm Strategies for Deeper Learning	Tues 11/17 at 5pm Just Breathe
Tues 12/1 at 5pm Strategies for Deeper Learning	Wed 12/2 at 7pm Finals Prep	Mon 12/7 at 5pm Finals Prep	Tues 12/8 at 3pm Finals Prep

WORKSHOP DESCRIPTIONS

Bouncing Back, Academic Resilience

Reflect on a prior struggle, learn what to do when getting feedback, and apply new strategies when getting a critique.

Focusing to get Things Done, Attention Management

Discuss the issue of focusing on tasks. Then discover strategies that will help you focus in the future.

Microsoft Excel Basics

Want to track your grades in your classes in one single place? Need Excel basics and want some assistance? This is the place for you. Be sure to bring your laptop.

Setting up Your Semester

Get help with starting your semester organized, prepared, and in the mindset to succeed.

Email Organization

Come learn strategies how to organize your UConn Gmail inbox so you never feel inbox stress again!

How Major is Your Major?

Anxious about choosing a major? Feel like you're in the wrong major? Worried about how certain majors lead to careers? Explore FACT vs FICTION when it comes to choosing a program of study.

Prioritization Techniques

Come and explore strategies to organize your priorities.

Strategies for Deeper Learning

Have one go to study strategy? Want more effective techniques in your tool belt? Come to discuss methods to approach your coursework.

Evaluating Your Semester

With midterms and finals around the corner, this is the place to get organized, discover ways to study and create a plan.

Just Breathe, Stress Management

Did you know there are multiple kinds of stress? Come talk about ways to combat the negative results of stress.

Online Course Support

Managing an online course can be challenging. We will provide steps to consider when taking an online course

Success in S.T.E.M.

Learn ways to be successful in your STEM courses including how to approach your assignments and studying.

Where do I go for that?

Learn about resources on campus and how to ask the right questions when you go there for support.

Finals Prep

With finals week around the corner, this is the place to get organized, discover ways to study, and create a plan.

Looking Ahead, Selecting Courses

Come reflect about your previous experiences and use this information to select courses for next semester.

Secrets of Homer Babbidge

Do you know where to go if you need research help? Learn about ebooks, streaming videos and more online resources available at the UConn Library.

Test Taking Strategies

Realize things to consider when preparing for an upcoming exam to then create a plan. Learn exam format tactics to best approach different types of test questions.

