Test Taking Strategies
LOCATED IN ROWE 217, WE OFFER

- Drop In Coaching Hours
- Workshops & Presentations
- Supplemental Instruction
- UConn Connects
GRAB A PARTNER AND DISCUSS AT LEAST TWO

- WHEN DO YOU STUDY?
- HOW DO YOU STUDY?
- HOW DO YOU PROCRASTINATE?
- EVER EXPERIENCED TEST ANXIETY?

WHEN IT COMES TO TEST QUESTION TYPES, WHAT DO YOU MOST PREFER, WHICH DO YOU LEAST PREFER?
BEFORE YOU START
CONSIDER

WHERE

HOW

WHEN
USE THIS TO MAKE YOUR PLAN
### The Five-Day Study Plan

With the five-day study plan, you maximize your mastery of course material by taking advantage of the way your brain learns best: you organize your material and connect new information with information that is already stored in your long-term memory. Rather than try to assimilate new material in a marathon 10-hour study session the day before an exam, you schedule and plan five study sessions (at least 2 hours each) over a period of five days. You begin by dividing the material into four approximately equal parts or chunks of information. During each day, you prepare study materials for one chunk and then review previous material. You use active learning strategies to study the material and then self-test to ensure that you have learned it.

Break the material into four approximately equal chunks. These chunks can be chapters or groups of chapters in your text, or they may be based on notes that you have taken in class or topics listed by your instructor. You work on the material in two ways: You prepare (organize the material), and then you review (learn it).

#### How to Make a Five-Day Plan

<table>
<thead>
<tr>
<th>Preparation strategies</th>
<th>Review strategies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create flash cards</td>
<td>Work with flash cards</td>
</tr>
<tr>
<td>Words and definitions</td>
<td>By yourself; write or speak</td>
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<tr>
<td>Questions and answers</td>
<td>Work with a partner</td>
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<tr>
<td>Names and dates</td>
<td>If you know an answer, put the card in a separate pile and spend more time with cards you don’t know</td>
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<tr>
<td>Other simple factual information</td>
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<tr>
<td>Create study sheets containing definitions, formulas, dates, etc.</td>
<td>Rewrite study sheets without looking at the originals</td>
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<td>Outlines</td>
<td>Explain the information to a partner or study group</td>
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<td>Charts</td>
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<td>Diagrams</td>
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<tr>
<td>Prepare your notes and text for review</td>
<td>Work with your notes (don’t just read them!!)</td>
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<tr>
<td>Organize notes by topic or chapter</td>
<td>Rewrite notes</td>
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<tr>
<td>Take notes from the text</td>
<td>Reduce notes to the very most important points</td>
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<td></td>
<td>Highlight or mark notes</td>
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<tr>
<td></td>
<td>Highlight or mark text</td>
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<tr>
<td>Anticipate test questions</td>
<td>Practice your test</td>
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<tr>
<td>Write questions in the margins of your notes or text next to where the answers are found in the notes or text</td>
<td>Cover the text, and see if you can answer the questions in the margins</td>
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<tr>
<td>Create a test that includes the kind of questions that will be on the exam (i.e., true/false, definitions, multiple choice) (don't use the questions in your text)</td>
<td>Take your test. Pay particular attention to writing out answers to essay questions</td>
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### Strategies

- **Chunk information**
- **Strategies to approach material**
- **Distributed practice**
- **Reviewing versus preparing**
Predicting Test Questions

- Pay attention to questions from class
- Replace variables in old problems and solve them
- Turn key words into questions
- "This will be on the test"
- Practice teaching a friend
DAY OF EXAM

- Wake up early
- Remember to breathe!
- Start with the answers you know or longest time
- Wiggle your toes to relieve stress
- Look for answers in other questions
- Trust your instincts
THANK YOU FOR HAVING US

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