Setting up Your Semester
ACTIVITY TIME

Grab a partner next to you

Discuss at least two questions on the next slide
1. What does success mean to you in your upcoming year at UConn?

2. What is your tradition at the start of the school year to set yourself up for success?

3. What do you plan on doing during the first month of school to stay organized?

4. What challenges might you face in your goal to be successful?

5. What is your plan to be successful this semester?
TECHNIQUES
## Semester at a Glance

<table>
<thead>
<tr>
<th>Week 1: (Date) ________ - ________</th>
<th>Week 2: (Date) ________ - ________</th>
<th>Week 3: (Date) ________ - ________</th>
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<tbody>
<tr>
<td>Week 4: (Date) ________ - ________</td>
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<td>Week 13: (Date) ________ - ________</td>
<td>Week 14: (Date) ________ - ________</td>
<td>Week 15: (Date) ________ - ________</td>
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</tbody>
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This document is intended strictly for educational purposes to be used by UConn students, staff and/or faculty.
ACADEMIC GOAL SETTING

• Grab a new partner
• Discuss two academic goals you have
LET'S MAKE IT A SMART GOAL

• Grab a new partner
• Discuss two academic goals you have

S - Specific
M - Measureable
A - Achievable
R - Relevant
T - Timely
ACTION STEPS

With your same partner, come up with 4 action steps for your goal. Consider this semester and each year.