Grab a Partner! Chat about 2 or more

• Where do you study?
• When do you study?
• How do you study?
• How do you procrastinate?
• Is test taking anxiety and/or stress a problem?
CONSIDER...

Where

When

How
KNOW YOUR STYLE

Review Labs
Ch. 5.4 + 6.2
Practice Problems
CREATING YOUR PLAN

**Weekly and Hourly Planner**

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List all class meeting times and try to reserve about an hour of daytime class study time for every hour in class. Don’t forget to plan for mealtimes, exercise time, free time, and other commitments you have within your week.
5 DAY STUDY PLAN

- Chunk information
- Strategies to approach material
- Distributed practice
- Reviewing versus preparing
YOUR INTERNAL PLAN

**ATTITUDE IS EVERYTHING**

Life is 10% what happens to you & 90% how you react to it.

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**A BAD ATTITUDE IS LIKE A FLAT TIRE.**

If you don't change it, you'll never go anywhere.

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PREDICTING TEST QUESTIONS

• Pay attention to questions that come up in class
• Replace variables in old problems and solve them
  • Turn key works from notes and readings into questions
• Be on the lookout for “this will be on the test”
• Practice teaching a friend or out loud note free