ATTENTION MANAGEMENT
ACTIVITY TIME

There is going to be a picture, you will have **2 minutes** to learn as much as you can.
ACTIVITY QUIZ

What symbol is on the kite?

What kind of ice cream is sold?

What country’s flag is in the picture?

How many birds are there?
ACTIVITY QUIZ

What symbol is on the kite?  A sun
What kind of ice cream is sold?  Vanilla
What country’s flag is in the picture?  Great Britain
How many birds are there?  Three
ACTIVITY QUIZ

How many times did you lose focus?

What if I had you stare at the picture for 5, 10, or even 60 minutes?
WHAT STRATEGY ARE YOU GOING TO TRY TO KEEP YOUR ATTENTION?