THINK ABOUT A TIME YOU FAILED
What led up to this event?

What feedback was given to you?

What have you done since?
ANYONE WILLING TO SHARE?
Reflect and Analyze
If you could go back and do it again, come up with..

10 things do you wish you did
10 things you wish you didn’t do
Reflect and Analyze
If you could go back and do it again, come up with..

Pair up with someone and share lists

How did this activity make you feel?
NOW...

Change your mindset

On your own, come up with 20 reasons you got this feedback