

## ACADEMIC ACHIEVEMENT CENTER

Date	Day	Topic	Time
1/24/2017	Tuesday	Study Better, Faster, Stronger <sup>(Study Skills)</sup>	7 p.m.
1/24/2017	Tuesday	Success in S.T.E.M. <i>Presented in NextGen 115</i>	4 p.m.
1/25/2017	Wednesday	It's in the Syllabus! <sup>(Semester Preparation)</sup>	7 p.m.
1/26/2017	Thursday	168 Hours: Work, Play, Study <sup>(Time Management)</sup>	4 p.m.
1/31/2017	Tuesday	Write This Down! <sup>(Note Taking Skills)</sup>	7 p.m.
2/2/2017	Thursday	It's in the Syllabus! <sup>(Semester Preparation)</sup>	4 p.m.
2/6/2017	Monday	$(\sqrt{(-Exam)})^2$ This Exam just got REAL! <sup>(Exam Preparation)</sup>	7 p.m.
2/7/2017	Tuesday	Do I Need to Buy the Textbook? <sup>(Reading Comprehension)</sup>	7 p.m.
2/8/2017	Wednesday	iStudy: Educational Apps for Success	7 p.m.
2/13/2017	Monday	Study Better, Faster, Stronger <sup>(Study Skills)</sup>	7 p.m.
2/14/2017	Tuesday	168 Hours: Work, Play, Study <sup>(Time Management)</sup>	7 p.m.
2/21/2017	Tuesday	Learning from Exam Performance	7 p.m.
2/22/2017	Wednesday	Just Breathe...Taming your Stress <sup>(Stress Management)</sup>	7 p.m.
2/23/2017	Thursday	Do I Need to Buy the Textbook? <sup>(Reading Comprehension)</sup>	4 p.m.
2/27/2017	Monday	Success in S.T.E.M. <i>Presented in NextGen 113</i>	7 p.m.
2/28/2017	Tuesday	iStudy: Educational Apps for Success	7 p.m.
3/1/2017	Wednesday	$(\sqrt{(-Exam)})^2$ This Exam just got REAL! <sup>(Exam Preparation))</sup>	7 p.m.
3/2/2017	Thursday	Write This Down! <sup>(Note Taking Skills)</sup>	4 p.m.
3/6/2017	Monday	168 Hours: Work, Play, Study <sup>(Time Management)</sup>	7 p.m.
3/8/2017	Wednesday	Study Better, Faster, Stronger <sup>(Study Skills)</sup>	7 p.m.
3/22/2017	Wednesday	Learning from Exam Performance	7 p.m.
3/27/2017	Monday	iStudy: Educational Apps for Success	4 p.m.
3/28/2017	Tuesday	Just Breathe...Taming your Stress <sup>(Stress Management)</sup>	4 p.m.
4/4/2017	Tuesday	$(\sqrt{(-Exam)})^2$ This Exam just got REAL! <sup>(Exam Preparation)</sup>	7 p.m.
4/5/2017	Wednesday	168 Hours: Work, Play, Study <sup>(Time Management)</sup>	7 p.m.
4/6/2017	Thursday	Study Better, Faster, Stronger <sup>(Study Skills)</sup>	4 p.m.
4/13/2016	Thursday	Learning from Exam Performance	4 p.m.
4/18/2017	Tuesday	Finals Preparation	7 p.m.
4/25/2017	Wednesday	Finals Preparation	7 p.m.

All workshops held in ROWE 217 with the exception of Success in STEM which takes place in NextGen Hall. Workshops last one hour.

[www.achieve.uconn.edu](http://www.achieve.uconn.edu)

# Workshop Calendar

## Spring 2017

## ACADEMIC ACHIEVEMENT CENTER

### Workshop Descriptions

#### 168 Hours: Work, Play, Study: (Time Management)

Pressed for time? Discover ways to manage your academics, social, and personal responsibilities.

#### Do I Need to Buy the Textbook? (Reading Comprehension)

Discover strategies that will help make reading a textbook easier and learn subject-specific reading tips to improve comprehension.

#### It's in the Syllabus! (Semester Preparation)

Come learn the skills & resources that every student needs to know to start the semester off right.

#### iStudy: Educational Apps for Success

Use your phone or computer to increase your productivity. Learn about educational apps that will help you study.

#### Just Breathe...Taming your Stress: (Stress Management)

A look into how you can take control of your stress and be more productive.

#### Learning from Exam Performance:

Unhappy with your exam results? Stop by to analyze what went wrong and how to prepare better for your next exam.

#### Study Better, Faster, Stronger: (Study Skills)

Learn strategies to make the most of your study time: Note Taking, Study Skills, and Exam Prep.

#### Success in S.T.E.M: Presented in NextGen Hall

Specific study skills and reading techniques for succeeding in your Science, Engineering, & Math courses.

#### $(\sqrt{(-Exam)})^2$ This Exam just got REAL! (Exam Preparation)

Effective steps and skills to prepare for your next exam.

#### Finals Preparation

Make sure your motivation, time management, and study skills are all in order for Finals Week!

#### Write This Down! (Note Taking Skills)

Master the art of taking notes from Lectures or Readings. Don't forget to bring some notes with you!